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Grizzly pool open for summer recreation

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GRIZZLY POOL OPEN
FOR SUMMER RECREATION

MISSOULA--

The weather may make it seem otherwise, but the summer session is in full swing at the University of Montana. And included in the summer program on the Missoula campus are activities at the Grizzly Swimming Pool.

Pool facilities are open to students, faculty and staff, and townspeople. Fred A. Stetson, assistant professor of health and physical education and the head swim coach at UM is in charge.

Stetson said he firmly believes swimming is one of the best activities for fun and health.

"People who don't swim are missing out on the most well-balanced sport I know of," Stetson said. "It is invaluable exercise for the heart and lungs and for all muscle groups. No overdevelopment results in any one area of the body."

Two-week sessions for beginners and advanced beginners, age seven and up, will be June 30-July 11, July 14-25, July 28-Aug. 8 and Aug. 11-22. Classes meet from 9-9:50 a.m. and from 10-10:50 a.m.

Intermediate and precompetitive classes for ages 6-14 meet Monday through Friday from 11-noon.

Adult classes meet from 6-7 p.m. Monday through Friday. Children are charged \$12 for a two-week session. Adult fee is \$15.

Semiprivate and private lessons are available. Special junior and senior lifesaving classes are conducted Monday through Friday from 9-11 a.m.

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GRIZZLY POOL OPEN--2--

Fitness program for men meets Monday, Wednesday and Friday from 5-6 p.m. Women's fitness program meets on the same days from noon to 1 p.m. Fitness programs include weight lifting, exercise sessions and volleyball as well as swimming. The Missoula Swim Club meets from 7-9 a.m. and from 4-5 p.m. Monday through Saturday.

The public may swim seven days a week from 1-4 p.m. and from 7-9:30 p.m.

Admission for public swimming is 65 cents for children or \$5 for a 10-swim ticket.

University students, faculty and staff are charged 45 cents or \$3.50 for a 10-swim ticket.

Those interested in any of the sessions may sign up at the beginning of each session at the hour desired or may call for reservations. The pool will close Aug. 22-Sept. 21 for cleaning and repairs.

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